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CLIENT QUESTIONNAIRE

YOUR ANSWERS BECOME PART OF YOUR CONFIDENTIAL MEDICAL RECORD.
Please complete this form for your family member, but give your own name and contact information on page 1.
Please complete the following information before your first appointment if possible. Please take the time to fill out this form carefully. This will help me understand the problems for which you are seeking help and make sure that you receive the best possible treatment.

TODAY'S DATE ____/_____/_____

Name: _____ **Date of Birth: _____ Gender:** ☐ **M** ☐ **F**

Address: _____

Phone: H: ( ) _____W: ( ) _____ C: ( ) _____

May we call you at home? ☐Yes ☐ No Work? ☐Yes ☐ No On your Cell? ☐ Yes ☐ No

May we leave a message from the clinic at home? ☐Yes ☐No Work? ☐Yes ☐No Cell? ☐ Yes ☐ No

Can we mail information to you at your home address? ☐ Yes ☐ No

Emergency Contact Information: Name of person to contact in an emergency

Name _____ Address: _____

Phone: H ( ) _____W ( ) _____ Relationship to you: _____

Background Information

Ethnicity (please check):	**Marital Status**:	**Sexual Orientation** *(Optional)*:
☐African American	☐Never married	☐Bisexual
☐Asian American	☐Living together, not married	☐Gay/Lesbian
☐Caucasian	☐Married	☐Heterosexual
☐Hispanic	☐Divorced	☐Transgender
☐Native American	☐Widowed	
☐Pacific Islander	☐Separated	
☐Other (please specify) _____		

Education: (Highest grade/degree completed) _____

Employment History

Currently employed? ☐Yes ☐No Longest Period of Employment in past (months, years _____

(If employed) Current Occupation: _____

Current Employer/Company: _____

Approx. Annual Income $_____Annual Household Income $_____ Total Number of Dependents: _____

Client Name _____

Current Living Situation

Please describe your current living situation (e.g. *living alone, room-mate, family, etc*)

_____

_____

Other family members including all dependent children[if applicable]	Age	Gender	Living with you?	Are you the legal guardian? [Yes, No, Not Applicable (NA)]

Please list names and relationships of all other persons that you are living with currently_____

_____

_____

Family History

Briefly describe the family you grew up in, including names and ages of all family members:

_____

_____

_____

Have any family members had a *history* of emotional or psychological problems ☐ Yes ☐ No

If Yes	Relationship to You	List specific emotional or psychological problem
1.		
2.		
3.		
4.		

Have any family members *taken medication* for emotional or psychological problems ☐ Yes ☐ No

If Yes	Relationship to You	List emotional/psychological problem, medication taken, and for how long
1.		
2.		
3.		
4.		

Have any family members *been hospitalized* for emotional or psychological problems ☐ Yes ☐ No

If Yes	Relationship to You	List emotional/psychological problem, medication taken, and for how long
1.		
2.		
3.		
4.		

Client Name _____

Has any member of your family ever made a suicide attempt? ☐ Yes ☐ No ☐ Unsure

If yes, how is the person related to you? _____

Has any member of your family died from suicide? ☐ Yes ☐ No ☐ Unsure

If yes, how is the person related to you? _____

Medical History **Current Primary Care Physician**
Name_____ Address _____

Telephone Number_____ Date of last medical / physical exam _____
List any current medical problems _____

Current Medications (please include prescription or over the counter medications with total daily dosage):

Condition	Medication	Dose (mg)	Frequency	Date Started

Current Problems for Which You Are Seeking Help

Are you seeking help for yourself or a family member? ☐Self ☐Family Member
For what type of counseling or psychological help are you looking? ☐Individual ☐Couple ☐Family ☐Child W
what brings you (or the client listed above) to treatment at this time? _____
_____
_____
_____
_____
_____

Are you currently seeing a psychiatrist or other mental health practitioner? ☐**Yes** ☐**No**
If yes, please complete:

Dates Name of Professional Reason for Treatment Was it helpful?

1. _____
2. _____
3. _____

Are you currently taking any medication for psychiatric or psychological reasons? ☐**Yes** ☐**No**
If yes, please list below:

Condition	Medication	Dose (mg)	Frequency	Date Started

Client Name _____

Do you have problems with drugs or alcohol? ☐**Yes** ☐**No** If yes, please give details, such as number of times per week used, substance used, length of time taking substance:

_____

_____

Are you <u>currently</u> having thoughts of suicide? ☐**Yes** ☐**No**
Have you have had thoughts of suicide in the past month ☐**Yes** ☐**No**
Have you have had thoughts of suicide in the past year ☐**Yes** ☐**No**

Previous Treatment History

Have you ever received outpatient psychiatric or psychological treatment before? ☐**Yes** ☐**No**
If yes, please list most recent treatments below:

Dates	Name of Professional	Reason for Treatment	Was it Helpful?

Have you ever been hospitalized for any emotional or psychiatric reason? ☐**Yes** ☐**No**
If yes, approximately how many times? _____ List most recent hospitalizations.

Dates	Name of Hospital	Reason for Hospitalization	Was it Helpful?

Have you ever tried to hurt yourself? Or have you ever made a suicide attempt? ☐**Yes** ☐**No**
If yes, please list below

Dates	What you did to hurt yourself	Were you hospitalized?

Have you <u>ever taken</u> medication for an emotional or mental health problem? ☐**Yes** ☐**No**
If yes, please list below

Medication	Daily Dosage	Reason for med	Name of Provider

<u>Have you ever</u> received treatment for a drug or alcohol related problem? ☐**Yes** ☐**No**

If yes, please list below

Dates (Mo/Yr)	What of substances were you using?	Type of Treatment (hospital, outpatient program ,AA, NA,etc.	

Client Name _____

Have you ever experienced sexual abuse? ☐**Yes** ☐**No**

Have you ever experienced physical abuse? ☐**Yes** ☐**No**

Do you have current legal problems? ☐**Yes** ☐**No**
If YES, please describe:

_____

_____

Have you ever had legal problems? ☐**Yes** ☐**No**
If YES, please describe:

_____

_____

I hereby certify that all information listed above is true to the best of my knowledge. I also certify that I have not purposefully made any misleading comments or supplied incorrect information.

Signed _____ Dated _____

Referral Information: How did you learn about my practice?
*Contact Person*_____ *Agency:* _____
Address _____
*City*_____ *Zip Code* _____ *Telephone Number ( )* _____

☐Help Line/Referral Service	☐Friend	☐Medical Doctor	☐Psychiatrist
☐ Marin County Mental Health	☐Kaiser	☐Psychologist	☐Social Worker
☐Other County Mental Health	☐Internet	☐Beck Institute	☐Website
☐Other community clinic [Specify]	☐ Other: _____		

Do we have your permission to acknowledge your referral by telephone or mail? ☐**Yes** ☐**No**

Acknowledging your referral will mean that the referring agency or mental health professional will know that you are receiving counseling from me.

I hereby give you permission to a send a personal thank you letter to the referral source named above:

Signed _____ Dated _____
[Signing here gives me permission to send out a letter acknowledging your referral- I would restrict this to mental health professionals or agencies]