

Curriculum Vitae
Robert Reiser, Ph.D.

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EMPLOYMENT

Full-Time Clinical Psychology Practice, Kentfield, CA 2012-2019

Providing cognitive behavioral therapy (CBT) for adults, older adults, adolescents (ages 15+) and their families with a variety of problems including depression, bipolar disorder, schizophrenia and anxiety disorders.

Palo Alto University, Palo Alto, CA

Director, Psychology Training Clinic 2004-2012

Responsible for clinical and administrative management of a large (90+ students, 14 clinical supervisors, staff of 12 clinic managers) community-based psychology doctoral training clinic providing evidence-based mental health treatments in an APA accredited PhD program. Duties included:

- Weekly individual and group supervision of Palo Alto University and Stanford-PGSP Consortium students in cognitive behavioral therapy
- Clinical risk management (1000+ consultations on high risk cases presenting with suicidal ideation and other risk factors)
- Training and oversight of clinical supervisors
- Budget and administrative oversight, supervision of staff, outreach and marketing, developing and implementing clinic policies

Professor of Psychology (Non-Tenure Teacher Scholar Track) 2012

Associate Professor of Psychology (Non-Tenure Teacher Scholar Track) 2004-2012

- Developed and taught the core cognitive behavioral therapy (CBT) class
- Developed and taught class in Evidence-based Treatment of Serious Mental Illness for the Diversity and Community Mental Health Track (DCMH).

FUNDED GRANTS AND CONSULTING CONTRACTS

Beck Institute for Cognitive Behavior Therapy, Bala Cynwyd, PA 11/2019-present
Faculty providing CBT training workshops and CBT supervision

University of California, San Francisco
Department of Psychiatry, Medical Residents Training Program 9/2015-present
Consultant providing weekly CBT supervision to medical residents

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Felton Institute (formerly Family Service Agency of SF)

8/2014-2018

Consultant providing supervision and training on CBT for Psychosis (CBT-P) in the PREP program including workshops and ongoing consultation groups using the CTS-R to develop competence in cognitive behavioral therapy practice; coaching for consultants/supervisors in PREP Early Psychosis programs.

Principal Co-Investigator for Palo Alto University Site Sub-Contract on NIH Grant:

Gallagher-Thompson, D. (PI) Predictors of Positive Outcome in Cognitive Behavior Therapy for Late Life Depression.

9/2010-2011

Veterans Administration, CBT National Training Initiative

10/07-2011, 2013

Consultant, VA National Training Program in Cognitive Behavioral Therapy for Depression (CBT-D)

- Provided weekly telephone-based consultation and review of audiotaped sessions using the CTRS for approximately 30 VA clinicians over a three-year period to develop competence in cognitive behavioral therapy practice.
- Veterans presented with complex, comorbid disorders including depression, PTSD, substance misuse, pain and traumatic brain injuries.
- Developed role play of clinical vignettes on DVD illustrating behavioral activation and activity scheduling for distribution to training group.

Transitional Youth, Health Trust Training Grant

2004 – 2007

Principal Investigator, three-year \$500,000 foundation funded grant to develop, implement and evaluate evidence-based cognitive behavioral training and supervision programs for people with serious mental illness, including training county mental health clinicians in collaboration with Santa Clara County Department of Mental Health. Invited trainers included David Kingdon and David Fowler.

Bipolar Healthcare Initiative Research Project

2001- 2003

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Principal Investigator. Randomized clinical trial supported by a three-year \$576,000 grant from The Health Trust comparing cognitive behavioral group therapy to treatment as usual (TAU) for clients with bipolar disorder. Population was primarily Medicaid and uninsured clients in Santa Clara County. Project conducted in collaboration with the Santa Clara County Department of Mental Health.

County of Santa Clara, Department of Corrections, Mentally Ill Offender Crime Reduction Grant Demonstration Project 2001 - 2004

Principal Investigator. California Board of Corrections funded three-year randomized controlled trial comparing enhanced case management with TAU for mentally ill offenders examining criminal justice recidivism data.

San Francisco Community Mental Health Services 1998 – 2004

Consultant to Children's Services

Developed quality improvement work plan and annual audit of Children's System of Care providers for outpatient, case management and day treatment programs; implemented data collection system for tracking Foster Care Mental Health program referrals; utilization and quality review manual for community mental health clinics to provide standardized review of treatment; access and authorization procedures for managed care intake system

EDUCATION

PhD, Pacific Graduate School of Psychology, 1984
MA, Clinical Psychology, Lone Mountain College, 1976
BA, University of Pennsylvania, 1973

LICENSES, MEMBERSHIPS, TRAINING AND AFFILIATIONS

University of California, San Francisco, Department of Psychiatry, Assistant Clinical Professor
Academy of Cognitive Therapy, Certified Trainer/Consultant
Academy of Cognitive Therapy (ACT), Fellow (since 2004)
Beck Institute, Six Month Extramural Training Program in Cognitive Therapy (Completion Certificate in Cognitive Therapy granted in 2004)
Veterans Administration Clinical Privileges, 2009-2014
Board Member, NAMI Marin (2014-present)
Member, Marin County Mental Health Board (Board of Supervisors appointment, 2004-05)
Licensed Psychologist (California) PSY 9327
National Register of Health Service Providers in Psychology since 1986 (35755)
Member, Association for Behavioral and Cognitive Therapies
Licensed Marriage, Family and Child Therapist (M12884)
Pre- and Post-Doctoral Internships in community mental health

PUBLICATIONS

BOOKS

Reiser, R.P. & Thompson, L., Johnson, S., & Suppes, T. (2017) *Bipolar disorder. Advances in psychotherapy: Evidence-based practices. 2nd edition*. Germany: Hogrefe & Huber.

- Milne, D.L., & **Reiser, R. P.** (2017) *A manual for evidence-based CBT supervision*. UK: Wiley.
- Reiser, R.P.** & Thompson, L. (2017) *Bipolar disorder. Advances in psychotherapy: Evidence-based practices. 2nd edition*. Germany: Hogrefe & Huber.
- Reiser, R.P.**, Pelton, J., & Rustom, N. (2019). Where can we learn more? In Turkington, D & Spencer, H.M. (Eds.) *Back to life, back to normality, Volume 2*. Cambridge University Press.

PEER REVIEWED PUBLICATIONS

- Reiser, R.P.**, Cliffe, T., & Milne, D.L. (2018). An improved competence rating scale for CBT Supervision: Short-SAGE. *The Cognitive Behaviour Therapist*, 11, E7.
doi:10.1017/S1754470X18000065
- Martin, P., Milne, D. L., & **Reiser, R. P.** (2017). Peer Supervision: International problems and prospects. *Journal of Advanced Nursing*, 1-2. DOI: 10.1111/jan.13413
- Reiser, R.P.**, & Milne, D.L. (2017). A CBT formulation of supervisees' narratives about unethical and harmful supervision. *The Clinical Supervisor*, 36:1, 102–115.
<http://dx.doi.org/10.1080/07325223.2017.1295895>
- Reiser, R.P.**, & Milne, D.L. (2016). A survey of CBT supervision in the UK: Methods, satisfaction and training, as viewed by a selected sample of CBT supervision leaders. *The Cognitive-Behaviour Therapist*. Advance online publication doi: dx.doi.org/10.1017/S1754470X15000720.
- Milne, D.L., & **Reiser, R.P.** (2016). Supporting our supervisors: Sending out an SOS. *The Cognitive Behaviour Therapist*. Advance online publication doi: dx.doi.org/10.1017/S1754470X15000720.
- Milne, D.L., & **Reiser, R.P.** (2014). SAGE: A scale for rating competence in CBT supervision. In C.E. Watkins, & D.L. Milne (Eds). *International handbook of clinical supervision*. Chichester: Wiley.
- Reiser, R.P.** (2014) Supervising cognitive behavioral therapy. In C.E. Watkins, & D.L. Milne (Eds.). *International handbook of clinical supervision*. Chichester: Wiley.
- Reiser, R.P.**, & Milne, D.L. (2014). A systematic review of outcomes in clinical supervision: Applying the fidelity framework. *Training and Education in Professional Psychology*. 5(3), 149-157. DOI: 10.1037/tep0000031.
- Marquett, R., Thompson, L.W., **Reiser, R.P.**, Gallagher-Thompson, D. (2013). Psychosocial

- predictors of treatment response to cognitive-behavior therapy for late-life depression: An exploratory study. *Aging and Mental Health*, 17(7), 830-838.
- Reiser, R.P., & Milne, D.L.,** (2013). CBT supervision in a university-based training clinic: A case study in bridging the gap between rigor and relevance. *Journal of Cognitive Psychotherapy*, 27(1), 30-41. DOI: 10.1891/0889-8391.27.1.30.
- Milne, D.L., **Reiser, R.P., & Cliffe, T.** (2013). An N=1 evaluation of enhanced CBT supervision. *Behavioural and Cognitive Psychotherapy*, 41(2), 210-220. DOI: 10.1017/S1352465812000434.
- Chu, J.P, Emmons, L, Wong, J., Goldblum, P., **Reiser, R.** & Byrd-Olmstead, J. (2012). Public psychology: A competency model for professional psychologists in community mental health. *Professional Psychology: Research and Practice*, 43(1), 39–49. DOI: 10.1037/a0028834
- Reiser, R.P., & Milne, D.L.,** (2012). Supervising cognitive-behavioral psychotherapy: pressing needs, impressing possibilities. *Journal of Contemporary Psychotherapy*, 42, 161-171. DOI: 10.1007/s10879-011-9200-6.
- Milne, D.L., **Reiser, R.P.** (2012). A rationale for evidence-based clinical supervision. *Journal of Contemporary Psychotherapy*, 42, 139-149. DOI: 10.1007/s10879-011-9200-6.
- Milne, D.L., **Reiser, R.P.** (2012). Observing competence in CBT supervision: A systematic review of the available instruments. *The Cognitive Behaviour Therapist*, 4, 89-100. DOI: 10.1017/S1754470X11000067.
- Milne, D.L., **Reiser, R.P.,** Cliffe, T., Breese, L, Boon, A., Raine, R, and Scarratt, P. (2011). A qualitative comparison of cognitive-behavioural and evidence-based clinical supervision. *The Cognitive Behaviour Therapist*, 4, 152-166. DOI: 10.1017/S1754470X1100009.
- Milne, D.L., **Reiser, R.P.,** Cliffe, T. & Raine, R. (2011). SAGE: preliminary evaluation of an instrument for observing competence in CBT supervision. *The Cognitive Behaviour Therapist*. 4, 123–138. DOI: 10.1017/S1754470X11000079.
- Reiser, R.P.,** Reddy, S., Parkins, M., Gallagher-Thompson, D., & Thompson, L. (2011). Psychosocial treatment of bipolar disorder in older adults. In S. Lauderdale & K. H. Sorroco (Eds.). *Implementing Cognitive Behavioral Therapy for Older Adults: Innovations across Care Settings*. New York, NY: Springer.
- Milne, D.L., **Reiser, R.P.,** Aylott, H., Dunkerley, C., Fitzpatrick, H. & Wharton, S. (2010). The systematic review as an empirical approach to improving CBT supervision. *International Association for Cognitive Psychotherapy*, 3(3). 278-293. DOI: 10.1521/ijct.2010.3.3.278
- Reiser, R.P.,** Truong, D., Nguyen, T., Wachsmuth, W., Marquett, R., Feit, A., & Thompson, L. (2007). Cognitive behavioral therapy for older adults with bipolar disorder. In D. Gallagher Thompson and L. Thompson (Eds.) *Handbook of Cognitive and Behavioral Therapies with Older Adults*. New York, NY: Springer

Reiser, R.P. (2008) Bipolar disorder entry in *Sage Encyclopedia of Counseling Volume Two: Personal and Emotional Counseling*, California: Sage Publications Inc.

Nguyen, T., Truong, D., Marquett, R., Feit, A., & **Reiser, R.** (2007). Older adults can respond well to cognitive behavioral therapy. *Clinical Gerontologist*, 30, 103-110.

OTHER PUBLICATIONS:

Milne, D.L., & **Reiser, R.P.** (2008). Supervision: Adherence & Guidance Evaluation (SAGE). Unpublished instrument, available from the first author. [UNPUBLISHED REPORT]

Reiser, R.P. (2004, October). Review of Psychosocial Treatment of Bipolar Disorder. Johnson, S.L. & Leahy, R., (Eds). Academy of Cognitive Therapy, International Association of Cognitive Therapy, 6(3), 6. [BOOK REVIEW]

Reiser, R.P., Nguyen, T., Reddy, S. and Thompson, L. (2007). What do we know about effective dissemination and training approaches? Academy of Cognitive Therapy, International Association of Cognitive Therapy. [NEWSLETTER ARTICLE]

INVITED TALKS/TRAININGS:

Reiser, R.P. (2019, September) CBT for depression and suicide. Beck Institute for Cognitive Behavior Therapy. Three-day Workshop, Sheperd, MI.

Reiser, R.P. (2019, May) CBT for depression and suicide. Beck Institute for Cognitive Behavior Therapy. Three-day Workshop, Casper, Wy.

Reiser, R.P. & Reddy, S. (2018, May). Two-day CBT for Psychosis workshop for community mental health practitioners. Marin County, San Rafael, CA.

Reiser, R.P. (2018, January). CBT for psychosis. UCSF Public Psychiatry Fellowship Speaker, Grand Rounds, UCSF Department of Psychiatry Zuckerberg San Francisco General Hospital, San Francisco

Milne, D. L & **Reiser, R.P.**, (2017, December). Evidence-based clinical supervision. One day workshop. BABCP, London, UK.

Reiser, R.P. (2017, May). CBT for psychosis. Grand Rounds Presentation, Santa Clara County, Santa Clara, CA.

Reiser, R.P. (2017, February). CBT for psychosis. UCSF Public Psychiatry Fellowship Speaker, UCSF Department of Psychiatry Zuckerberg San Francisco General Hospital, San Francisco.

Reiser, R.P. (2017, October). Evidence-based clinical supervision. Workshop. Northern California Cognitive Behavioral Therapy Network, Berkeley, CA.

Reiser, R.P. (2017, May). Evidence-based clinical supervision. Workshop. ADAA, San Francisco.

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- Reiser, R.P.** (2017, February). CBT for psychosis. UCSF Public Psychiatry Fellowship Speaker, UCSF Department of Psychiatry Zuckerberg San Francisco General Hospital, San Francisco.
- Reiser, R.P.** (2016, October). CBTp for clinical case managers. Emergency Department Case Management Program, Zuckerberg San Francisco General Hospital, San Francisco.
- Reiser, R.P.** (2016, June). CBTp for Psychosis: Clinical case conference. UCSF Department of Psychiatry, Zuckerberg San Francisco General Hospital, San Francisco.
- Reiser, R.P.** (2016, May). Evidence-based clinical supervision. One day workshop. San Mateo County Health and Hospital System.
- Reiser, R.P., Milne, D. L.** (2015, November). Empirically based CBT supervision. Workshop at the Association for Behavior and Cognitive Therapies, Chicago, IL.
- Reiser, R.P.** (2014, February). Three-day CBT-P workshop for community mental health practitioners. Kern County, Bakersfield, CA.
- Reiser, R.P.** (2014, May). Bipolar disorder. Advances in psychotherapy: Evidence-based practices. Workshop at the University of California Extension, Berkeley, CA.
- Reiser, R.P., Milne, D. L., Sudak, D.** (2013, November). Empirically based CBT supervision: Making supervision more effective for novice trainees. Workshop at the Association for Behavior and Cognitive Therapies, New Orleans, LA.
- Reiser, R.P.** (2013, September). CBT-P: An evidence based treatment. NAMI Marin County, San Rafael, CA.
- Reiser, R.P.** (2013, September). Supervision: Principles of adult learning, Family Service Agency Supervisor Training, San Rafael, CA.
- Reiser, R.P., Sudak, D.** (2012, November). Empirically based CBT supervision: Making supervision more effective. Five Hour Institute at the Association for Behavior and Cognitive Therapies, National Harbor, MD.
- Reiser, R.P.** (2012, May). Bipolar disorder. Advances in psychotherapy: Evidence-based practices. Workshop at the University of California Extension, Berkeley, CA.
- Reiser, R.P., Milne, D. L., Sudak, D.** (2011, November). Empirically based CBT supervision: Making supervision more effective. Workshop at the Association for Behavior and Cognitive Therapies, Toronto, Canada.
- Reiser, R.P., Milne, D. L., Sudak, D., Sokol, L.** (2010, November). Assessing competence in CBT supervision using evidence-based practices (EBS). Moderator and Presenter, Clinical Roundtable on Supervision at the Association for Behavior and Cognitive Therapies, San Francisco, CA.
- Reiser, R.P., & Milne, D.L.** (2010, June). A case study in supervisor training. Panel Speaker at the World Congress of Cognitive and Behavioral Therapies, Boston, MA.
- Reiser, R.P. & Milne, D. L.** (2010, May). Making clinical supervision more effective-enhancing supervision using evidence-based practices (EBS). Seminar at University of California San Francisco, San Francisco, CA.

Reiser, R.P. & Milne, D. L. (2009, November). Assessing competence in CBT supervision using evidence-based practices (EBS). Moderator and Presenter, Clinical Roundtable on Supervision at the Association for Behavior and Cognitive Therapies, New York, NY.

Reiser, R.P. & Milne, D. L. (2009, November). Assessing competence in CBT supervision using evidence-based practices (EBS). Distance Learning Talk, On-Line Learning Community.

Reiser, R.P., Milne, D.L., Cliffe, T & Raine, R. (2009, July). The evidence-base for CBT supervision: the development of a scale for rating competence. British Association for Behavioural and Cognitive Psychotherapies (BABCP). 37th Annual Conference, University of Exeter, Exeter, UK.

Milne, D.L., **Reiser, R.P.** & Feit, A. (2008, June). High fidelity in training clinical supervisors: A case study. *Fourth International Interdisciplinary Conference on Clinical Supervision*. Buffalo, NY. [SYMPOSIUM]

Reiser, R.P. & Milne, D. L. & Pittinger, R. (2008, November). Enhancing CBT supervision using evidence-based practices (EBS). Moderator and Presenter, Clinical Roundtable on Supervision at the Association for Behavior and Cognitive Therapies, Orlando, FL.